

ALL or
NOTHING

**Come & Fly
with Us!**



Creatability

Accessible aerial movement
sessions

13 & 14 July

Age
8 +

At the
Beacon Arts centre



FREE!

ASN
sessions

Information pack



What to expect

Aerial harness and movement sessions specifically designed for young people age 8 + with additional support needs. The sessions are fully supported by All or nothing's professional facilitators and are free! Sessions are themed and have a multi-sensory aspect, providing lots of alternatives to allow for exploration and play! If you have any questions we would love to talk to you so please get in touch.

"Such imaginative storytelling!
When she was able to play
freely she really blossomed"
- Facilitator

Quiet
breakout
spaces

Sessions include

- Aerial harness
- Cocoons
- Circus toys
- LED light up toys
- Music
- Storytelling
- Poetry





Who will be there?

- The sessions are capped at 8 participants
- All or nothing's professional facilitators are fully trained and experienced in working with ASN young people. 4 members of staff will support the session.
- 2 volunteers from the Beacon's creatability program are on hand
- Parents & guardians are welcome to stay

Preparing for your session

- We advise wearing comfortable clothes with a second layer of joggers or trousers for comfort in the harness.
- Water and snacks!
- Prior to attendance you'll receive a pack with information and photos so you know what and who to expect!
- Parents & guardians are more than welcome to stay, but you can also use the opportunity to take a break



Sessions
 10am: 2 hours
 1pm: 2 hrs
 3.30: 1.5 hrs

"That's was so cool, I haven't done anything like that before!"
 - participant

"There's so little we can do in the holidays that is safe for him to take part in. He can come here and get all of his sensory needs met. If he could play and learn in this way all the time it would be wonderful for him"

- Parent

Creatability at the Beacon Arts centre offer weekly creative sessions for neurodiverse and physically disabled young people from 4 - 22 years



Book a space

Any questions?
 Ask Us

 01475 723 723

Follow us

@allornothingadt

creatability@aerialdance.co.uk

www.beaconartscentre.co.uk