



The

SWINGS

Hats off to All or Nothing...
for bringing joy into our lives

Kelly Apter Review, Scotsman, July 2021

TOUR PACK



The Swings

'Life was never better than on a swing, the higher the better!'

Come and enter our world of *The Swings*.

View our trailer [here](#). View a full-length video [here](#).

Part performance and part installation, *The Swings* is both an aerial dance duet and an open invitation for the public to swing high and free. It all takes place on our magnificent, larger-than-life swing set.

A short 15 min aerial dance performance happens at regular intervals throughout the day, then the swings are open for the public in between.

The public are accompanied by a sound installation full of memories, thoughts and feelings about being on a swing.

A 5m high giant swing set, 2 swings, 2 aerialist and a sound installation where you can play, watch, and listen.

An interactive event for all the family that can happen outdoors or indoors.

The Swings
was joyous

Jan McTaggart, The Byre Theatre



The Swings

The show is visually spectacular, accessible and artistically exciting; it's genius. We witnessed children from babies to early teens watching *Swings* with their families, being fully engaged in the performance.

Fiona Ferguson, Creative Development Director, Imagineate





Creative Team

Concept: **Jennifer Paterson**

Directed: **Nic Green and Jennifer Paterson**

Design: **Becky Minto**

Sound Design: **Yas Clarke**

The Swings is an event that can happen outdoors or in a large space indoors. It has played in the street, in a country park, on a rugby pitch, in a car park, in a museum and on a stage. We have been part of a family fun day, an arts festival, children's festival and as a stand-alone event. It is suitable for a family audience, and has played to schools. The audience - usually family groups - is clustered around rocking stools, supplied by the company.

There are 2 swings and the host organisation would be required to co-manage the public swinging along with the company's stage manager.

The performance element is 15 minutes long. There will be a maximum of 4 shows per day and we recommend that the audience watch the performance before having a turn on The Swings.

We require 5 minutes either side of the performance to prepare the swings for the public. The public swinging time can vary depending on the needs of the event; we've had anything up to 60 participants swinging over a period of one hour.

There is no age limit and we encourage everyone to have a go!

Accessibility

The set is accessible on 3 sides for wheelchairs and prams.

Two accessible swings are available, one adult sized, one smaller child sized. These are bucket seat swings with a harness.

There is an audio description available of the performance to listen to via a QR code link. Dependent on the needs of the event, it may be made available via silent disco headphones on the day.

A programme (containing the transcript of the sound installation text) and an audio description of the performance can be downloaded via a QR code, which is displayed on the side of the set.

It was a fantastic event! The kids and adults loved it!

Hayley, audience member, New Galloway

The Swings



Technical Details

Running Time: 15 min performance x 4 times per day. With public swinging time after each performance. 5 minutes changeover time required after and before each performance. The company will provide a suggested schedule.

Capacity: This is dependent on the performance area and audience configuration. The audience capacity can range from 35 up to around 300. We have 35 rocking stools to help mark out the performance space. Extra audience to this can sit on the ground, on mats, cushions, stand or use whatever the venue would like to provide.

Get In Time: We require a 3 hour get in from arrival to first performance time.

Take down time: Up to 1.5 hours

Transport: One jumbo Transit van and one medium car

Tour Party

5 on the road: Technical manager, Stage Manager, Rigger, 2 Performers.

We require a minimum of one crew member from each venue for the get in and get out.

Space Required: A minimum space of 10m wide by 13m depth before audience seating starts, and a minimum grid height of 5.8m. (The set takes 8.5m x 8.5m on the floor, with room in front for the performers' swinging space). It is vital this area is an even, flat and clear space.

The Swings can go on a variety of surfaces including grass, wood, concrete, tarmac.

Set

Swing Set: 5.5m high with a 8.5m x 8.5m footprint. It breaks down into 12 x 2.1m long tubes and 1 x 3.5m header bar. 4 x Feet, Ratchet Straps, 2 x Swings, 2 x rope loops, 10 x clamps. 2 x giraffe scaffold for installation. This is a freestanding rig and no additional rigging is required.

Toured Flooring: Artificial grass with jigsaw foam matting underneath

Toured Seating: 35 rocking stools for audience to sit on

Audience Seating

This performance can be performed in a horseshoe configuration or end on. If in a horse shoe configuration, additional sound requirements will be needed.

Sound

Pre-recorded and operated from laptop, when outside set up in a small plastic bin shed.

We will require a PA for playback sound to be provided. We will liaise with the host organisation about this

Power

We will require 2 x 16 amp feeds or 2 x 13 amp feeds.

LX

No lx required

Front of House

We will require a minimum of 2 FOH staff/ushers to assist with audience management. If providing 2 is difficult we can make 1 FOH staff/usher work and will discuss this on an individual basis.

Wardrobe and Changing Facilities

For outdoor venues we will require an easily accessed indoor area that the 5 company members on tour can go in the situation of bad weather and can safely lock away valuable when they are not in the room.

At venues that have the facilities, we would require a minimum of 2 dressing rooms. If the performance is part of a tour or longer run, we'd also ask for access to a washing machine and dryer.

Health & Safety Paperwork

This will all be provided and includes: Risk assessments, Method statements, Wet and Windy weather management plans and Insurance documents.



The Swings

Thank you so much for bringing *The Swings* to us! It was so nice working with your team, and our audiences just loved it.

Fee Shaw, The Rockfield Centre, Oban

All or Nothing are Scotland's leading aerial dance company creating, performing, teaching and pioneering aerial arts in Scotland. Our work ranges from small scale theatre to large scale outdoor spectacle – hanging from boats, buildings and cranes, flying through forests and across lochs or dancing on iconic landmarks. All or Nothing combine aerial arts with dance theatre and contemporary circus, creating our own theatrical works for touring as well as developing aerial elements for events.

Participation is vital to the company's work; we believe that aerial and dance is for everyone, and develop all kinds of opportunities for this to happen, challenging assumptions of who aerial is for.

The Swings brings together our enthusiasm for performance with our values in participation. We love giving people the chance to alter their perspective on the world and to feel like they are flying.

Producer:

Emili Åström, emili@aerialdance.co.uk

Tour Booking:

Sheena Miller, sheena@ruraltouringagency.co.uk

The Swings can be booked from a one day event to several days, including for festivals. Please contact to discuss.





@AllorNothingADT

For more information please see:

<https://www.aerialdance.co.uk/production/the-swings/>

The Swings was originally commissioned by Imagine's Family Encounters and The Merchant City Festival

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Registered Office: Studio G17, Out of the Blue Drill Hall, 36 Dalmeny Street, Edinburgh, EH6 8RG

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